Kindling the Heart, Evolving Wisdom

Sue Holland is offering a CPD group initiative, open solely to all IOP graduates.

The context is:

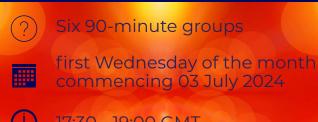
- · being, together
- to deepen spiritual practice and embodied interiority
- holding and support, at a deeper level of reality professionally and personally
- a simple oasis for stability and ground
- in service of unifying consciousness

The programme will include contemplation on sacred texts; simple, silent meditation and sharing.

Information

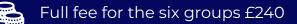
Sue Holland MA is a UKCP registered psychotherapist and supervisor, she is also an APECS accredited coach and supervisor and a Somatic Experiencing practitioner. Sue has been in practice for over 30 years.

Sue is a contemplative, a meditator and a facilitator.











For more information and to register

please email

help@onpurpose.info