CONTEMPLATIVE COACHINO SUPERVISION

COACHES ~ COACHING SUPERVISORS ~ LEADERS

Sue Holland and Anne Welsh will co-facilitate this global online group, providing a contemplative space for embodied listening, to and for the emergent, the unthought known. They will invite you to

deepen your enquiry and receptivity discern the calling Self experience presence through somatic awareness

develop and extend listening skills develop attention and awareness explore parallel process build inner resilience

The Group

Closed group - 6 members

Early - Mid 2024

5 x 2-hour sessions - payable FINAL 2-hour session - *gifted*

Monthly

Friday morning 11:00 - 13:00 UK time FEB. 2024 - JUL. 2024 09/02/2024 08/03/2024 12/04/2024 10/05/2024 07/06/2024 05/07/2024

> **Fees** £750.00 (**£75.00 per hour**)

Anne and Sue both have over 30 years' experience working in the fields of psychology and coaching.

They use various psychological maps and models to inform their work.

They are <u>APECS</u> accredited coach supervisors, executive coaches and <u>UKCP</u> registered psychotherapists.

For more information or to register please email <u>help@onpurpose.info</u>

