

ECOCYCOLOGY.

Where are we?

Contemplative Cycling Retreat

A relational journey of attention and intention

Where will it lead?

Part one in a series of three

Facilitated by Sue Holland and Tamsin Bennée

CPD for the exploration and restoration of our internal and external ecosystems.

We will include cycling, meditation and reflection within nature.

venue



The Heritage Coast

Heathside
Suffolk IP19 9EU

heathsideholidays.com

dates



2025

16th - 19th May

who



should attend?

psychotherapists
coaches
bodyworkers
nature lovers
& all who want to
deepen their journey

costs



£565

max 8 participants

Early Bird discount
*£525

for more information, to register, and *find out how to get the early bird fee, please contact us by email - help@onpurpose.info see our website www.onpurpose.info or connect via our [facebook](#) page